



G&M HOSPITAL
FOUNDATION



SPRING 2024
NEWSLETTER

CGMH's Jennifer Payment &
Grateful Patient Patricia Lee

Teamwork makes the dream work in South Georgian Bay.

This has been an extraordinary time for both CGMH and the Foundation. Our teams have been steadfast in their commitment to ensuring that outstanding care remains our top priority. We are proud to partner with the Hospital leadership team that is creating a world-class facility, designed for the needs of our community, while also making revolutionary changes to the equipment within the current facility. A new hospital is part of our bright future, but we need to ensure we maintain that same level of care, today. In this newsletter, we are pleased to provide you with the exciting improvements and renovations coming to our Diagnostic Imaging Department.

You are part of our team. You are creating impact for patients and for your community by supporting the CGMH Foundation. Thank you.

Because of our community of support, we raised over \$5 million for the new MRI machine, plus an additional \$1.5M for critical hospital equipment. On behalf of all staff at CGMH and the Foundation, we extend our sincere gratitude. We will be able to provide the very best in care, right here at home, and that is all because of you. Thank you for being part of this team. We hope to be doing our first MRI scans in early 2025.

This year, we are continuing to gain momentum (and excitement) to launch our larger campaign for a new hospital. And while working on those plans, we are raising funds for critical hospital equipment that will impact Internal Medicine, breast care screenings and diagnosis, advanced resuscitations, and better, faster results from our laboratory; all in the name of better patient outcomes.

So much work is being done to bring us closer to breaking ground on a new hospital. Both the Ministry of Health and Infrastructure Ontario are working to approve CGMH's Functional Planning 1.3 Submission and finalize construction timelines which will enable our team to begin detailed architectural drawings to support the RFP process for construction.

Please enjoy this newsletter as it is full of impact, stories of gratitude, and community engagement; all showcasing the team spirit that is so prevalent in our community. As well, coming up in May, is Canada's annual celebration of our doctors and nurses and we love any excuse to say thank you! Our nurses are supported by so many different teams here at CGMH. From our environmental services teams, physio and laboratory departments to our caring volunteers and our incredible community of support, the entire team at CGMH has supported one another through so much these past couple of years. We are honoured to recognize and support them in their sheer determination and resiliency. Please thank them for their strength and courage the next time you encounter one of the Hospital's dedicated team members!



Jory Pritchard-Kerr

Jory Pritchard-Kerr
CGMHF President & CEO



Michael Dick

Michael Dick
CGMHF Board Chair

FEATURED ON THE FRONT COVER

CGMH's Jennifer Payment and Grateful Patient Patricia Lee who recently made a gift to honour the outstanding care she received at the hospital. Read the full story on page 11.

BOARD OF DIRECTORS & STAFF LISTING

Board of Directors

- | | |
|----------------------------------|--|
| Michael Dick - Board Chair | Pat Wright - Community |
| Jack Marley - Past Board Chair | Rebecca Meesters - Community |
| Brad Miller - Vice Board Chair | Michael Lacroix - Hospital President & CEO |
| Kara McIntosh - Vice Board Chair | Barry Goodwin - Hospital Board Chair |
| Monica Quinlan - Treasurer | Dr. Michael Lisi - Medical Staff Appointee |
| Debora Bloom Hall - Community | Jennifer Young - Ex-Officio - Campaign |
| Joan Emmans - Community | |
| Darin Thompson - Community | |

Foundation Staff

- Jory Pritchard-Kerr, FAHP - President & CEO
- Alison Smith - Director of Operations & Communications
- Kate Black - Director, Philanthropy
- Alison Sheffer - Donor Relations & Stewardship Officer
- Maria Borges - Annual Giving Coordinator
- Jill Stevenson - Personal Giving Officer
- Melissa Davis - Data Management & Stewardship Assistant
- Anne-Marie Underhill - Campaign Assistant

Reliable funds for reliable care.

Like many in our growing community, Derek & Deb Sewell chose to move to Collingwood amidst the challenges of the pandemic. However, prior to 2020 they visited the area frequently, often to spend time with family, including Derek's parents, residents of the Creemore/Collingwood area for 38 years. Throughout the years, the Sewells have witnessed the exceptional care that Derek's parents have received at CGMH.

"The compassionate and high-quality care they consistently received left a lasting impression. The hospital has been a reliable source of support, always there when we have needed it."

Derek's family has also found other ways to give back to the healthcare community. His mother, Kathryn Sewell (also a longstanding donor), dedicated about 25 years of her time volunteering in the Diagnostic Imaging Department.

Now fully immersed in this community, the Sewells have become aware of the hospital's ongoing fundraising efforts. Having time to reflect on the outstanding care their family has received, they felt compelled to give back. Opting for a monthly contribution appeared to be the most practical and sustainable way for the Sewells to contribute to the hospital's continued success.

"We are grateful to be a part of this community and to support an institution that has played a significant role in our lives."

We are grateful to you too, Deb & Derek. Thank you for being part of the club ❤️.



Derek, Kathryn, and Deb Sewell

Steady, ongoing funds allow us to plan and allocate resources where they are needed most.

The Monthly Giving Club is made up of a compassionate, caring, group of individuals who make smaller gifts on a monthly basis. These steady, ongoing funds allow us to plan and allocate resources where they are needed most. When we make small gifts together we create a big impact for care here in South Georgian Bay.

Join the club! Make reliable impact in a reliable way at cgmhf.com/monthly-giving-club

Monthly Giving Club

CAUSE FOR CELEBRATION.

Our community is both generous and creative in coming up with fun ways to fundraise for CGMH. From cycling long distances to sailing the open waters of Georgian Bay, our community is choosing healthcare as a cause worth celebrating.

PICTURED HERE IS:

- 1 Collingwood Cinema Club members Al Wallace & Wendy Blackmayer presented the Foundation with a \$10,000 donation from all of its members.
- 2 Ginette Gallant from Firehall Pizza celebrated their 20th anniversary with a CGMH fundraising event.
- 3 The Greg Syrota Real Estate team hits \$25,000 fundraising milestone for CGMH!
- 4 Katie Pereira-Prebble and family and friends on the inaugural Lincoln's Walk. Honouring Lincoln's memory as well as pregnancy and infant loss
- 5 Marcia Giller & the Rupert's Picklers, residents of Rupert's Landing, organized a pickleball tournament to help bring the first MRI machine to CGMH.
- 6 Ski Bees members Wendy and Emma hosted a ski day raffle
- 7 William celebrated his birthday with a donation towards teddy bears that help our littlest patients.
- 8 Duntroon Highlands hosted the Women Worth and Wellness golf tournament in support of the CGMH Foundation's Wellness Innovation Fund. L to R: Larry Hall – Hospital Foundation Wellness Innovation Fund, Annette Sandberg, Alison Smith, Director of Communications for the CGMH Foundation, Nancy Griffin from Women Worth & Wellness and Eric Windeler, Founder of Jack.Org



30TH ANNUAL MAD RIVER CLASSIC

Presented by lead sponsor Tatham Engineering, the 29th Annual Mad River Classic will be held on Wednesday, September 11th, 2024 at the picturesque Mad River Golf Club. This event is close to capacity so please call 705-444-8645 to register.

A special thank you to Mad River Golf Club for their ongoing sponsorship of the tournament.

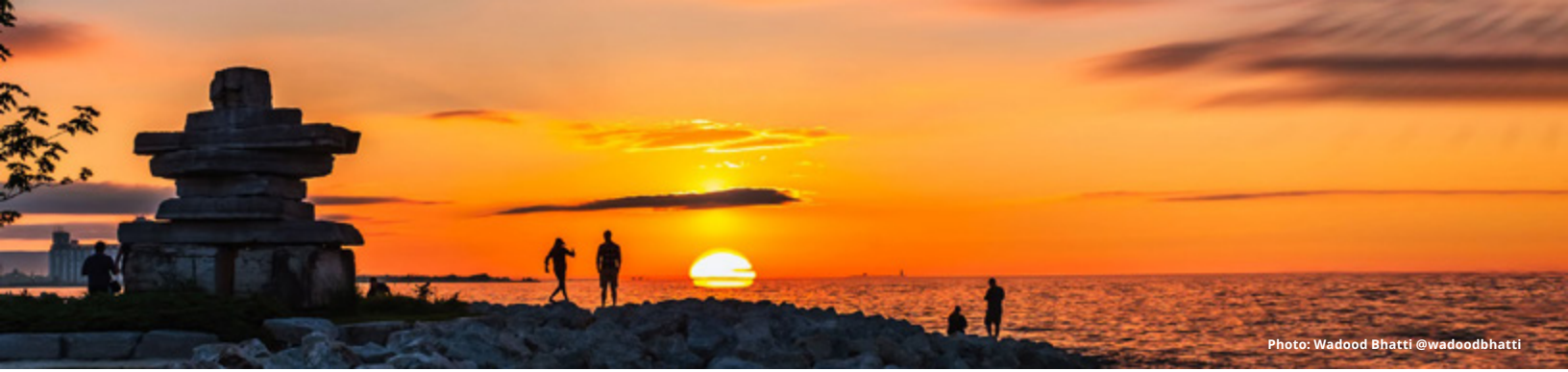


Photo: Wadood Bhatti @wadoodbhatti

Remembering Pete Crompton: A legacy of connection, happiness, and joyful competitiveness.

Pete Crompton was one of those rare individuals that knew exactly how to live life to the fullest: phenomenal athlete, humble friend, terrific role model, Pete always made those around him feel alive.

In 2003, Pete Crompton died tragically in a boating accident, leaving behind a large, grieving community of friends and families. To honour Pete, the Pete Crompton Foundation was founded; dedicated to preserving Pete’s warm and generous spirit by supporting registered, charitable organizations with mandates in safety, athletics, health, and education.

“The tragedy of Pete’s passing galvanized and rallied people around wanting to perpetually remember him and celebrate a legacy which was of connection, of happiness, and of joyful competitiveness.” - Rob Magwood, one of Pete’s closest friends and Foundation President.

Pete was a graduate of Guelph. He was an accomplished athlete. He’d been on the Ontario Ski Team, he was a low-handicap golfer, he sailed, windsurfed and surfed on four continents. At the time of his passing, he was an investment property sales representative with CB Richard Ellis.

For all of his accomplishments, he may be most celebrated for his friendships and relationships with family. He shared a special friendship with his brother Jeff, a local firefighter and first responder. Pete and his mother Judy were kindred spirits sharing the beautiful gift of gregariousness; warm, attentive, and always bringing joy to those around them. Pete was an amazing friend with a large, diverse network.



“Pete was a connector. He brought us all together. While some are fortunate to have a best friend or two, Pete had roughly 10-20 people that thought of Pete as their best friend.”

- Rob Magwood

Pete had a special bond with his dad, Kenny, who passed away in 2010. Kenny, a passionate skier and golfer, was the force behind the Foundation for Pete. His intense and passionate focus on the Foundation helped him to cope with the loss of his son. As a lawyer, Kenny also advocated for the amendment of Bill 209, to criminalize drinking and boating and enacting the same punishment as drinking and driving for a car. He pushed that mandate forward and was highly successful in bringing that to fruition in Ontario.

The first act of fundraising for the Pete Crompton Foundation was in February of 2004, a highly successful ski day that brought out over 450 attendees from all across Ontario. Through ticket sales and corporate donations, they realized that Pete’s network had given them an extraordinary ability to fundraise in Pete’s memory in a significant way. The ski day was held for 10 years, enabling the Foundation to grow and provide donations to charities and non-profit organizations aligned with Pete’s spirit: sports, safety, and youth.

Since its inception, the Pete Crompton Foundation has provided over \$350,000 in support to CGMH.

Throughout the two decades of operations, CGMH has been the biggest beneficiary of the Pete Crompton Foundation. After 20 years in operation, the Foundation is looking to the future with their next iteration of giving: a transformational gift to once again celebrate Pete Crompton and the spirited life he led. After careful consideration as to the most appropriate charity to allocate resources, they returned to the mandate of safety, children, sports, and chose the hospital for their gift.

“All of us have (unfortunately) spent a lot of time at CGMH: a local hospital that serves not just a local population. We all have our stories. A lot of Pete’s friends are now working at CGMH, and quite a few of Pete’s network from Toronto have moved up to Collingwood. This hospital has become a really important part of our life, from our children’s births, ski accidents, and our own parents receiving the best in patient care.” - Rob Magwood

We are incredibly grateful to the Pete Crompton Foundation for choosing the CGMH Foundation. Their generosity will ensure that our healthcare teams can continue to deliver outstanding care for South Georgian Bay. Thank you

The Pete Crompton Foundation’s recent gift of \$150,000 will go towards South Georgian Bay’s new state-of-the-art hospital facility; helping to transform care in our communities and give our exceptional medical professionals the space, tools, and flexibility they need to serve our community into the future.

Unprecedented times calls for unprecedented measures:

A diagnostic imaging department outfitted for the needs of South Georgian Bay.

Planning and designing a brand new state-of-the-art hospital, while simultaneously ensuring that the current one is maintaining the same outstanding care, is no easy feat. And yet CGMH is doing just that. In these unprecedented times, our team will be purchasing the newest technology in diagnostic imaging equipment for better, faster diagnosis, close to home, all while ensuring they are spending wisely and thinking about the future hospital.

It can seem hard to keep up with the advances in Diagnostic Imaging. Our standard of care has elevated. Our healthcare teams are seeing greater complexities in patients than ever before. With advanced imaging in our reach our teams are better equipped to diagnose and treat our patients, right here at CGMH.

Purchasing new technology and equipment comes with its own set of challenges. Covid-19 caused extraordinary delays and shortages. It also restricted site visits; in-person assessments that evaluate potential suppliers and their products. What's more, the equipment is getting bigger and heavier, and in an aging, cramped facility like CGMH, a lot of planning must go into the engineering and construction to ensure operational efficiency and optimal patient flow.

Old, aging equipment means more downtime and delays in patient care. But, our community generously rose to the challenge to support the upgrades in our Diagnostic Imaging Department for better patient care, here in South Georgian Bay.

Fluro machine - more patient comfort, smoother experience

Whenever possible, the CGMH team looks to purchase equipment that can serve multiple purposes. Case in point, this new machine is another another x-ray machine for CGMH that also provides fluoroscopy imaging. Fluoroscopy is a type of medical imaging that shows a continuous X-ray image on a monitor, much like an X-ray movie. During a fluoroscopy procedure, an X-ray beam is passed through the body. The image is transmitted to a monitor so the movement of a body part or of an instrument or contrast agent ("X-ray dye") through the body can be seen in detail.

The new fluoroscopy machine will be more robotic, which will allow the Medical Radiation Technologist to operate it with greater ease. It will be equipped with a patient lift allowing patients to be moved more comfortably from the stretcher onto the imaging table. "If a patient comes in with a hip fracture or stomach pain, it will be further exacerbated by any movement. These updates will make that transition much smoother for the patient" - Jamey Gilroy

C-Arm - Orthopedic Imaging

The new C-Arm will provide our diagnostic imaging team with clearer and more detailed imaging, providing greater visibility to suit a range of surgical needs especially within our robust orthopedics program. The orthopedic surgeries require dynamic imaging to place hardware accurately and with precision. The c-arm imaging will empower surgical teams to adapt as changes occur and capture images rich with clarity and detail.

CT Scanner - Faster scanning and fast processing

Computed tomography, "CT scan", is a diagnostic imaging procedure that uses a combination of X-rays and computer technology to produce images of the inside of the body. It shows detailed images of any part of the body, including the bones, muscles, fat, organs and blood vessels.

We are purchasing the first of its kind in Canada, state-of-the-art machine with higher-resolution, higher-speed, lower-dose, and a patient-friendly design to maximize patient outcomes. The new machine will enable fast, safe, and efficient CT exams of all levels of complexity, while keeping the needs of our patients and busy hospital environments top of mind. Having access to more information to make a clear, confident diagnosis will enable CGMH patients to start the right treatment journey as quickly as possible.

Extensive planning is underway to house a temporary CT scanner in an onsite trailer during the renovation and installation of the new CT. In doing so our patients, hospital and community won't see any disruption in our CT imaging services.

MRI Machine

MRI is a type of diagnostic test that can create detailed images of nearly every structure and organ inside the body. MRI uses magnets and radio waves to produce images on a computer. MRI does not use ionizing radiation. Images produced by an MRI scan can show the finer details of organs, bones, muscles and blood vessels.

The team at CGMH has purchased the new, first-ever MRI Machine that will offer exceptional image quality, efficiency, and speed, while providing patient-friendly design, for better care and ultimately better patient outcomes.

With limited space available, careful planning and consideration was taken by the CGMH team, and their architects and engineers, to choose the best location and use of space. So much goes into planning an MRI suite and the consultation of key stakeholders, including CGMH's patient-



Allie McCorquodale, Medical Radiation Technologist, and Jamey Gilroy, Manager of Diagnostic Imaging & Echocardiography, stand beside the new C-Arm.

family advisor, heavily guided the design process. Safety and restrictions (what can and cannot go into the room), staying connected to necessary life-saving equipment (ventilators and IVs), fire safety regulations, pre-screening to ensure you can safely use the machine, creating a calm space that reduces anxiety and more will all help ensure an optimal experience for both staff and patients.

Next steps: CGMH is working through the engineering and construction process to renovate and build the suite, a process they hope to have completed, with the MRI installed, by March 2025.

Thoughtfully planned for the needs of today, with tomorrow in mind.

Our team has worked strategically and efficiently to align the end of life of this equipment with the end of our current hospital. When we move into the new hospital, we will be

investing in brand new equipment because it will be out of date and at the end of its useful lifespan. Technology changes rapidly. How we provide healthcare continues to evolve. Our team takes into consideration all of those factors, ensuring that donor dollars are spent wisely and as efficiently as possible.

CGMH will be undergoing construction as they move and upgrade this equipment. We ask for your understanding and patience as the team works to bring you the best in care, here in South Georgian Bay.



"I am proud to use my knowledge as a patient to provide input into the planning process to enhance the patient experience at the hospital. I have provided feedback on processes and policies from a patient perspective, most notably on the Diagnostic Imaging department as CGMH plans for several new projects including a much awaited MRI machine. I am confident that as they attract more former patients to these roles that the patient experience at CGMH will be among the best in the province."

- Linda Gibson, CGMH's Patient Family Advisor

Hospital Update:

From Today to Tomorrow

The need for a new hospital is crystal clear but what is less clear is how we will manage to spend the next eight years in the current building.

It's important for the community to understand the Foundation's plans for supporting the hospital through the final years of planning and construction – scheduled to begin in 2028.

In 2025, the Foundation will launch a \$100 million campaign to raise the community's share of the construction of a new building but our work to ensure our physicians and staff are equipped to care for you when you need it most – today – is not over.

This year, we will continue to raise funding for critical hospital equipment that will impact Internal Medicine, respiratory

therapy, breast care screenings and diagnosis, advanced resuscitations, and better, faster results from our laboratory; all in the name of better patient outcomes today.

Your support equips our healthcare teams with the best tools and technology to provide outstanding care for South Georgian Bay.

We believe “tomorrow is built today” so even though 2025 will see our fundraising focus turn to the new building, the endowment funds that we have raised and carefully stewarded for the last twenty years will provide funding to purchase the critical hospital equipment we will need before we move into the new building in 2032.

And while we work to maintain our high standards of care at CGMH at today, we are behind-the-scenes, working with the Hospital leadership team to create a world-class facility, designed for the needs of our community.

Our plan to build a new hospital on a greenfield site is solid and makes business sense. Rebuilding the hospital on Hume Street would be much more expensive, take much longer, and result in a hospital that would be very difficult to update down the road, when the need is even higher. Final negotiations are underway with the donor of 30 acres on the Poplar Sideroad to gift the perfect site for our hospital of tomorrow.

Hospital Development:

From Today to Tomorrow

CGMH is following the Ministry of Health's three-stage capital planning process.

Did you know?

You can now book appointments at CGMH for coughs, colds and minor injuries. Don't have access to a family physician? You can be assessed and treated for minor ailments by booking a same-day or next-day arrival time at the hospital's emergency department.

[Learn more at cgmh.on.ca](https://www.cgmh.on.ca)

STAGE 1

Early Planning

Proposal (completed in 2016, refreshed in 2019)
Functional program (Nov 2021 - June 2022)
Block Schematics (July 2022 - March 2023)

STAGE 2

Detailed Planning

JANUARY 2025 - SEPTEMBER 2028

Detailed architectural drawings
3D visual renderings
Finalize design & construction criteria

STAGE 3

Construction

October 2028 - Substantial Completion in 2032

*Timelines correct as of March, 2024

For a more in-depth look at the stages of planning, head to yourfuturehospital.com

Relentlessly, Resilient.

April Worthington, (RPN) relies on the laboratory department and EVS to help her care for her patients in the Emergency Department.



It's been a tough few years...to say the least. But our staff have refused to yield. What's their secret? A steadfast commitment to providing outstanding care and the knowledge that they have a strong team behind them. Each day, our nurses are supported by the community of healthcare professionals at CGMH, from our laboratory department, rehabilitation teams, volunteers, and even IT. Our nurses are resilient; relentless in the pursuit of better care for their loved ones, neighbours, friends, and community. They are taking care of all of us.

Now, it's our turn.

MAY 1ST

Doctors' Day

MAY 6-12TH

Nurses' Week

Show your gratitude for doctors, nurses and all health care professionals with a gift in their honour at:
collingwoodhospital.ca/gratitude



Is leaving a gift in your Will right for you?

Like you, we can't stop thinking about what the future might look like. More importantly, about HOW we can help build a better-looking future for generations to come. Creating a better world is possible, and leaving a charitable gift in your Will may be the first step to do so. Not only can you make a bigger contribution to the CGMH Foundation, but your gift will make an impact well into the future of healthcare in South Georgian Bay.

"Estate planning is about making provision for who—and what—is important to you. Both elements are an important part of the legacy you leave and a charitable bequest can be a simple and effective tool in helping accomplish this goal."



- Hilary Laidlaw, Lawyer
Certified Specialist in Estates and Trusts Law

If all this is new to you, here are the most common questions we get about giving in this way:

If I leave a charitable gift in my Will, can I still take care of my family?

Yes, you can do both. A donation of as little as 1% of your estate can be a truly powerful gift, while still leaving 99% for family and friends.

I'm not wealthy, I don't have much to give.

Most charitable bequests are left by the average Canadian. You may be surprised to find that when all of your assets are realized, you too will have a tidy sum to support both the people and causes you care about.

I want to know how my gift will be used.

Legacy gifts made to CGMH Foundation are endowed, meaning the gift is invested in perpetuity and only the income from the gift is spent. Endowment funds provide a stable source of ongoing income, supporting CGMH now and for generations to come. Through endowment, you can create a permanent legacy in support of your Hospital and the Hospital benefits from an ongoing funding source for its highest priority needs. Every gift makes a difference in the future of the Collingwood G&M Hospital and healthcare here in South Georgian Bay.

Leaving a gift in your will is an incredible way to help create the healthcare system of the future – for all current and future members of our community.

We strongly encourage you to speak with your financial planner or lawyer, as well as your family and other beneficiaries, when deciding if a charitable bequest is right for you.

If on your journey, the discussion around legacy gets you thinking about how to make a lasting contribution to the CGMH Foundation, please get in touch. We would love to talk to you about how a gift in your Will can become a powerful tool for change.



Kate Black
Director, Philanthropy



gratitude ^{IN} action

Dr. Michael Lisi, CGMH Chief of Staff, Patricia Lee

Kindness, Encouragement...and Outstanding Care

A letter of gratitude.

My introduction to CGMH began in July when I was having trouble getting air with any kind of exertion. I went to the Emergency Department and after blood tests and an ECG proved to be fine. Dr. Jeff Matte ordered a chest x-ray, which showed a pneumothorax in the left lung. Within 45 minutes, he had inserted a drain tube through my ribs and into the exterior part of my left lung. I felt immediate relief. I couldn't believe how quickly and efficiently I had been looked after.

My care was then turned over to Dr. Dapo Akinyele who carefully checked the drainage through x-rays over the next several days before removing the tube. Unfortunately, within a week and a half I was back to Emerg with the same problem. This time I was under the care of Dr. Michael Steedman and a second tube was inserted. Once again back to Dr. Akinyele's very efficient care and the 2nd tube was removed on August 18th.

This was all new to a woman who had been blessed with good health. Other than a broken jaw many years ago, I had never been in a hospital other than to give birth to each of my 3 daughters.

In the early hours of October 23rd I became faint and started to lose a lot of blood. In Emerg I was seen very quickly and had a battery of tests. Within the next 36 hours and after more testing, including a CT scan, I was told I was going to have an upper and lower scan performed by Dr. Michael Lisi. By the time I awoke from

the procedure Dr. Lisi had already called my family to explain in detail that he had found a blockage in the lower scope.

I had Colon cancer.

Needless to say, I was in shock, but the kindness of Dr. Victoria Archer and nursing staff kept me reasonably calm until I was able to see my family. My own physician, Dr. Jennifer Young, also kept me calm, explaining to me that surgery for the cancer was going to take place the next evening and Dr. Lisi would be my surgeon.

After a 5 hour operation, he once again took the time to call my family to tell them that all had gone well. When I first came to at 3am in the ICU, Dr. Archer was there once again to tell me all was okay. I stayed in the ICU until Sunday morning, under the caring and helpful watch of several ICU nurses and caregivers from other hospital sections.

While some of my 5 day stay at CGMH is somewhat of a blur, I do not have enough words to express my total and sincere gratitude to the professional staff at our Collingwood Hospital. I thank them from the bottom of my heart for their kindness; encouragement and overall care. Our CGMH is something that each and every resident of Collingwood and the general area should be very proud of and hopefully we will all support in whatever manner is necessary.



With deepest regards,
Patricia (Pat) Lee



collingwoodhospital.ca | 705.444.8645 | foundation@cgmh.on.ca

459 HUME ST. COLLINGWOOD ONTARIO, CANADA, L9Y 1W9

CHARITABLE REGISTRATION #11886 8272 RR0001

